**Suggested Checklist for volunteers**

This is an all-round checklist for those coming to Blue Hill Escape. Tailor your wardrobe according to the season, but ALWAYS bring something warm even in high summer (January/February). It can rain at anytime of the year. This is a rough checklist, so bring anything you can’t live without because you might not be able to purchase it here.

1 = optional, 3 = you can get away without it, 5 = essential

Clothes

Shorts, t-shirt 4

Warm top 5

Long pants – for field and for indoors 5

Jersey/Fleece/Jacket (or all 3) 5

Raincoat 4

Sleeping kit (pyjamas) 3

Socks, underwear 5

Indoor footwear (e.g. sandals) 4

Swimming gear 1

Hiking boots or outdoor shoes 5

Gators 3

Cap/Hat 5

Beanie (warm hat) 5

Warm gloves 3 November – March; 5 – rest of the year

Gardening gloves 3-5 (5 if you’re clearing alien vegetation)

Personal items

Toothbrush, toothpaste 5

Chronic/regular medication 5

Deodorant 3

Hairbrush 3

Eyecare (contact lenses, solution, glasses) 5

Sunglasses 1

Nailclippers, tweezers 2

Towel 1

Soap 3

Ear plugs 3

Other hygiene products

Daypack Items

Small backpack 5

Sunblock 5

Insect repellent 3

Water bottle 3

GPS/compass 3

Pocket-knife 3

Small firstaid kit (plaster, tweezers, antihistamine, antiseptic) 4

Preferred snacks 1

Pen / pencil, notebook 4

Other equipment

Binoculars 4

Camera (plus charger and memory cards) 1

Torch/Flashlight (headlamp) 5

Spare batteries for any equipment 5

I-thingies 1

Laptop or memory sticks 2

Sleeping bag 1

Books (novels) 2

Mobile Phone (but there is nearly no reception here) 3

Bank cards and ID documents 4